

## Home Study Programs for Earning CEUs ... November 2011



The AEA Office of Continuing Education (OCE) want CEU earning opportunities to be an easy alternative for CPEs. We believe that continuing education improves knowledge, safeguards patient/client health and well being, and enhances the professional image of electrology.

The Continuing Education Review Committee (CERC) have approved several sources of continuing education home study.

**The Journal of Electrology:** The Journal, published twice yearly by the AEA, contains educational articles specifically written for the electrologist. A home study test is included at the end of each publication which may be completed and returned to the CERC for scoring. A processing fee of \$20 (\$35 for non-AEA members) is required for grading and entry into the computer database. AEA members receive the journal free of charge.

The Journal can be ordered from **Karen Portnoff & Co. • 710 Tennent Road, Manalapan, NJ 07726 • Fax: 732-536-9564**

### ◆ INDEPENDENT STUDIES ◆

Please note that the AEA Board of Directors has approved a policy of a **1.5 limit** on the number of CEUs that may be granted for any one independent study topic.

1. **HEALTH STUDIES INSTITUTE (HSI)** offers the following pre-approved courses. You may contact HSI by calling (800) 700-3454 or by writing to Rita Rauzin, Exec. Dir., Health Studies Institute, PO Box 6808, Deerfield Beach, FL 33442-6808

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|---|--|--|
| 0.4 ... <u>AIDS &amp; HIV Essentials</u>    | 0.5 ... <u>Drug Use and Abuse: Course II</u> | 0.4 ... <u>Hepatitis Viruses, 8th Ed</u>                       |
| 0.3 ... <u>Dealing With Diabetes</u>        | 0.2 ... <u>Family Domestic Violence</u>      | 0.6 ... <u>Infection Control &amp; OSHA Essentials, 5th Ed</u> |
| 0.5 ... <u>Drug Use and Abuse: Course I</u> | 0.4 ... <u>Hypertension</u>                  | 0.2 ... <u>Medical Error Prevention</u>                        |

2. **THE NATIONAL CENTER OF CONTINUING EDUCATION (NCCE)** offers the following study courses that the AEA has pre-approved. For more information, write: PO Box 342588, Lakeway, TX 78734-0044. Call: (800) 824-1254 or Fax (512) 261-1397.

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|---|--|---|
| 0.8 ... <u>Allergies: More of a Sneeze</u>                    | 0.5 ... <u>Fibromyalgia</u>  | 0.4 ... <u>Obsessive-Compulsive Disorder</u>              |
| 0.8* ... <u>Alternative Therapies: Growing Options</u>        | 0.2 ... <u>Hepatitis C</u>   | 1.0 ... <u>Osteoporosis</u>                               |
| 1.5 ... <u>Alzheimer's: Dementia that Robs the Mind</u>       | 0.3 ... <u>HIV/AIDS: An Overview</u>                               | 0.5 ... <u>Pain Management</u>                            |
| 1.5 ... <u>Anger Kills: How to Overcome the Boiling Point</u> | 0.5 ... <u>HIV/AIDS: Traditional &amp; Complementary Therapies</u> | 0.8 ... <u>Power of Words: Positive Criticism</u>         |
| 0.4 ... <u>Basic Law</u>                                      | 0.3 ... <u>Intimate Partner/Family Violence</u>                    | 1.0 ... <u>Substance Abuse</u>                            |
| 1.0 ... <u>Breast Cancer in the 21st Century</u>              | 1.2 ... <u>Leadership</u>  | 0.2 ... <u>Prevention of Medical Errors</u>               |
| 1.2 ... <u>Eating Disorders</u>                               | 1.5 ... <u>Malpractice</u>   | 0.4 ... <u>The Beat Goes On: Pacemakers &amp; ICDs</u>    |
| 0.7 ... <u>Facilitating Communication</u>                     | 1.5 ... <u>Menopause: An Ending &amp; Beginning</u>                | 1.5* ... <u>Alternative Therapies in Nursing Practice</u> |
- \* Can only do one course or the other

Check the New Online courses at: [www.nursece.com](http://www.nursece.com)

3. **THE ELECTROLYSIS RESEARCH INSTITUTE (ERI)** has five pre-approved electrology courses developed by Dr. James Schuster, a dermatologist, electrologist, and electrology researcher. There are four video courses: (1) Complications, Side Effects and Tissue Injury (2) Thermolysis (3) Galvanic (4) Blend. The pamphlet is: Guidelines '97-'98 for Permanent Hair Removal using Electrolysis Modalities. Each course is worth 0.3 CEUs.

You may obtain more information by calling: (920) 923-3106 or writing: Clinic of Medical Electrolysis, 145 N. Main Street., Fond du Lac, WI 54935

4. **THE ACADEMY.COM** has four courses that may be done on-line at: [www.skillsforsuccess.us](http://www.skillsforsuccess.us), under the Workforce and Personal Training Track.

Courses are: .2 Communication Interpersonally; .2 High Impact Speaking Skills; .1 Professional Sales Skills for New Sales People;

.1 Techniques for Dealing with Difficult Customers; .1 Effective Negotiating for the Sales Professional

5. **THE INSTITUTE FOR NATURAL RESOURCES** has several courses newly approved for CEUs.

You may contact INR at PO BOX 5757, Concord, CA 94524-0757, or at 1-800-229-4997. The courses are:

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| 0.3 ... <u>Arthritis &amp; Rheumatic Diseases</u>   | 0.3 ... <u>Women's Health: Migraines &amp; Headaches</u>   |
| 0.3 ... <u>Heart Health</u>   | 1.5 ... <u>Women's Health Series</u> courses can be taken on an individual basis or taken all together as a series |
| 0.3 ... <u>Skin Care &amp; Allergies</u>  |  |
| 0.3 ... <u>Asthma &amp; Allergies</u>   |  |
| 0.3 ... <u>Food Allergies</u>   |  |
| 0.3 ... <u>Common Cold &amp; the Flu</u>  |  |
| 0.3 ... <u>GERMS: Bacteria, Viruses, Fungi, Protozoa, &amp; Helminthes</u>                |  |
| 0.3 ... <u>HIV/AIDS</u>   |  |
| 0.3 ... <u>Hepatitis A</u>  |  |
| 0.3 ... <u>Non-HIV/AIDS: Sexually Transmitted Diseases</u>                                |  |
| 0.3 ... <u>Women's Health: Chronic Pain</u> ; 0.3 ... <u>Women's Health: Depression</u> ; |  |
| 0.3 ... <u>Women's Health: Insomnia</u> ; 0.3 ... <u>Women's Health: Menopause</u> ;      |  |
- The AEA has also approved live courses by INR:
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| 0.7 ... <u>Alzheimer's, Dementia, &amp; Parkinson's</u>                                 |
| 0.6 ... <u>ADHD, Dyslexia, &amp; Autism</u>   |
| 0.6 ... <u>Burnout, Stress, &amp; Fatigue</u>   |
| 0.6 ... <u>Stress, Depression, &amp; Pain</u>   |
| 0.6 ... <u>Fat Cells &amp; Inflammation: Heart Disease, Alzheimer's, &amp; Diabetes</u> |
| 0.6 ... <u>The Aging Brain/The Rejuvenated Brain</u>                                    |
| 0.6 ... <u>Women's Health: Obesity, Menopause, &amp; Fatigue</u>                        |

After completion of these independent home study courses, send a copy of your Certificate of Completion and the appropriate fee to:

**LINDA SAMMEL, CPE • 31 JASON LANE • STAFFORD, VA 22554 • [HOMESTUDYAEA@ELECTROLOGY.COM](mailto:HOMESTUDYAEA@ELECTROLOGY.COM)**

They must be received within your current five year certification period to be considered for re-certification.

**Please allow up to 60 days for receipt of your updated CEU transcript.**

With the exception of the AEA *Journal of Electrology*, the above courses are *independent* learning events. A processing fee of \$20 (\$40 for non-AEA members) is required for CEU entry into the database. Please allow up to 60 days for receipt of your updated CEU transcript.

The Office of Continuing Education is here to assist you in your Continuing Education goals. Please feel free to contact us if you have any questions:

#### Independent Studies Approval

Debbie Malacina, CPE • Chairman, CERC

8324 S. Newland Avenue • Burbank, IL 60459

708-599-9948; Fax: 708-599-3172 [CERCAEA@electrology.com](mailto:CERCAEA@electrology.com)

#### CEU: Database

Michelle O'Brien, CPE

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802-879-1898; [CEUSAEA@electrology.com](mailto:CEUSAEA@electrology.com)